























The Moviprep **AFTERNOON** calendar

Calendar for:

Start Date, Day
1:

Must be used alongside The Moviprep Afternoon Guide and the Low-Residue Diet Guide

Day 1	Day 2, 3 and 4	Day 5	Day 6	Day 7	Day 8
<p>Start 7-day Low Residue diet</p> 	<p>Low Residue Diet</p> 	<p>Low Residue Diet</p> 	<p>Low Residue Diet</p> 	<p> Only have a light lunch before 1 pm</p> <p> Only clear liquid after 1 pm</p>	<p> At 6 am take your second dose of Moviprep</p> <p>(See Moviprep guide)</p>
<p>Stop taking:</p> <ul style="list-style-type: none"> • Iron tablets • Vitamins with iron    	<p>Don't forget you can ask for support to understand the calendar</p> 	<p>At night-time if you need to take two Senna tablets (see Moviprep guide)</p> 	<p>At night-time take two Senna tablets</p> 	<p> At 3pm take 6 Senna tablets</p> <p> 7pm 1st dose of Moviprep. (See Moviprep guide)</p> <p>At night-time take two Senna tablets</p> 	<p>  Don't eat until after your exam.</p> <p>  Stop drinking two hours before appointment</p> <p> Allow two hours to clear your poo – then go for your appointment</p>