
















The Moviprep **MORNING** calendar

Calendar for:

Start Date, Day
1:

Must be used alongside The Moviprep Morning Guide and the Low-Residue Diet Guide

Day 1	Day 2, 3 and 4	Day 5	Day 6	Day 7	Day 8
<p>Start 7-day Low Residue diet</p> 	<p>Low Residue Diet</p> 	<p>Low Residue Diet</p> 	<p>Low Residue Diet</p> 	<p>Breakfast must be before 9 am</p>  <p>Only clear liquid after 9am</p>	<p>Stop drinking two hours before appointment</p> 
<p>Stop taking:</p> <ul style="list-style-type: none"> Iron tablets Vitamins with iron  		<p>At night-time if you need to, take two Senna tablets (see Moviprep guide)</p> 	<p>At night-time take two Senna tablets</p> 	<p>At 12 am take 6 Senna tablets</p> 	<p>Don't eat until after your exam</p> 
		<p>4 pm 1st dose of Moviprep. (See Moviprep guide)</p> 	<p>Remember you can ask for support to understand this information</p> 	<p>Take your 2nd dose of Moviprep 2 hours after finishing the first dose</p> 	<p>At night-time take two Senna tablets</p> 